



# PARA HILLS MODBURY CATHOLIC PARISH

## PARISH TEAM

FR MANU KUMBIDIYAMACKAL  
MSFS

(PARISH PRIEST)

JEN SHERLOCK  
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SINDI KINLOCH  
(PARISH ASSISTANT)

PAULINE LAI  
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## PARISH ADMIN OFFICE

50 RESERVOIR RD,  
HOPE VALLEY 5090  
PH: 8264 7590 OR 8264 7093

## EMAIL:

office@paramodcath.com.au  
bulletin@paramodcath.com.au

## OFFICE HOURS:

TUESDAY-FRIDAY: 9AM-2PM

## HOLY TRINITY CHURCH

171 KESTERS ROAD,  
PARA HILLS 5096

## ST JOHN XXIII CHURCH

50 RESERVOIR RD,  
HOPE VALLEY 5090

**CHILDREN'S LITURGY  
CELEBRATED AT  
10AM MASS**

## BAPTISMS

BOOKINGS TO BE MADE  
THROUGH THE PARISH OFFICE.

## MARRIAGES

BY APPOINTMENT ONLY

## REGIONAL CATHOLIC SCHOOLS

**ST FRANCIS XAVIER'S**  
(PRIMARY) 8251 9500  
CARIGNANE ST,  
WYNN VALE 5127

**GLEESON COLLEGE**  
(SECONDARY) 8282 6600  
40-60 SURREY FARM DRIVE,  
GOLDEN GROVE 5125

## PARISH CHILD PROTECTION OFFICER

THERESE MEYERS: 0421 533 761  
TASH SOUTER: 0422 270 655

14th June 2020

The Most Holy Body and Blood of Christ, Year A - White

Bulletin Vol.17  
Issue 21

We acknowledge the Kurna people as the custodians of this region.  
Let us share and learn together for reconciliation and justice.

## MASS TIMES

**ST JOHN XXIII**  
**Hope Valley**

Monday 9.15am  
Tuesday 9.15am  
Thursday 9.15am  
Saturday 6pm  
Sunday 8am



**HOLY TRINITY**  
**Para Hills**

Wednesday 7pm  
Friday 9.15am  
Saturday 9.15am  
Sunday 10am

## Updates on Masses

### Are we allowed to come back to Mass?

Yes! We can come back to Mass again but, because of the restrictions still in place, bookings **must** be made by ringing the parish office.

### When is Mass available?

Apart from the Modbury Hospital Mass, all Masses are going ahead according to the usual schedule. An extra Mass is being celebrated at St John XXIII on Thursdays at 9.15am while the Modbury Hospital Mass is suspended.

### What are the restrictions on numbers?

Currently we are permitted to have 20 people attend Mass at St John XXIII and 20 in the body of the Church at Holy Trinity and an additional 8 in the Cry Room. These numbers don't include the Priest, Sacristan, Welcomer or one Reader at each Mass. Please let us know when you are booking if you would like to take on one of those roles.

### Can I book for my family and friends?

Currently you can book for only those people who live with you.

### How many Masses can I book for each week?

In order that all parishioners get an opportunity to attend Mass if they want to, you will only be able to book for **ONE** Mass each week. However, the day before a Mass is scheduled you will be able to contact the office and book in if there are still vacancies.

### Should I not book to allow access for others?

We applaud your generosity; but we are encouraging all parishioners who are well and feel safe enough to come out, to ring the office and make a booking. Where it is possible for you to attend a weekday Mass, we would encourage you to do so in order that those who work during the week can attend a weekend Mass.

### When attending Mass you will be required to

- Provide your full name and a contact phone number to assist in contact tracing.
- Practice social distancing.
- Practice good hand and respiratory hygiene.
- Limit your movements within the Church as much as possible.

**We look forward to welcoming you back.**

## O Sacrament Most Holy O Sacrament Divine



My dear brothers and sisters in Jesus Christ, today we celebrate the feast of Corpus Christi, the feast of the body and blood of Jesus Christ in the most holy Eucharist. Corpus Christi is a doctrinal feast established for three purposes: Firstly, to give God collective thanks for Christ's abiding presence with us in the Eucharist and to honour Him there; secondly, to instruct the people in the Mystery, Faith and devotion surrounding the Eucharist, and thirdly, to teach us to appreciate and make use of the great gift of the Holy Eucharist, both as a Sacrament and as a sacrifice. In the three-year cycle of the Sunday liturgy, there is a different theme each year for this Feast of the Body and Blood of Christ. In Cycle A the theme is the

Eucharist as our food and drink; in Cycle B the emphasis is on the Eucharist as the sign of the covenant; and in Cycle C the theme focuses on the priesthood of Jesus. Although we celebrate the institution of the Holy Eucharist on Holy Thursday, the Church wants to emphasize its importance by a special feast, formerly called "Corpus Christi." It was Pope Urban IV who first extended the feast to the universal Church. Today's celebration of the Body and Blood of the Lord originated in the Diocese of Liege, Belgium, in 1246 as the feast of Corpus Christi. In the reforms of Vatican II, Corpus Christi was joined with the feast of the Precious Blood (July 1) to become the Solemnity of the Body and Blood of the Lord.

The Jews that Jesus was addressing in John 6 had gathered to ask him for more bread. Jesus promised to give them the sacramental bread and blood instead. But in their worldly frame of mind they could not understand or appreciate the sacrament. They disputed among themselves, saying, "How can this man give us his flesh to eat?" (v. 52). Jesus reaffirmed that "My flesh is true food and my blood is true drink" (v. 55). They ended up distancing themselves from the Eucharist because the sacramental language makes no sense in a world of materialism.

The same problem that these early would-be followers of Jesus had is still with us today. If we approach the Eucharist with a materialistic mentality we fail to understand and so lose the benefits of such a wonderful gift of God's love. The Eucharist is true food and drink but at the same time it is very different from every other food and drink. The great difference lies in these words of Christ which St Augustine heard in prayer, "You will not change me into yourself as you would food of your flesh; but you will be changed into me." We transform ordinary food into our own bodies but the food of the Eucharist transforms us into the body of Christ. Ludwig Feuerbach's statement that we become what we eat is never more true than in the Eucharistic experience.

The Holy Eucharist is at the centre of our Christian belief and life. We are also called the Eucharistic community. So, how do we actually look at the Holy Eucharist in the Church? What meaning & significance has it for us today? First and foremost, the Holy Eucharist is a unique and inexpressible gift given to us by God: And it is truly a gift; there is nothing we could have done or nothing we could yet do to deserve or merit this gift. In order to arrive at a better understanding of the Eucharist we need to ask why Jesus gave us this sacrament in the first place. A closer reading of today's gospel or, better still, the whole of the Eucharistic discourse in John 6 from which it is taken provides useful answers. From the reading we find that there are two main reasons Jesus gave us this sacrament. (1) Jesus promised to be with us until the end of time (Matthew 28:20). In the Eucharist he provides a visible sign and an effective means of him being present to us and we being present to him. As Jesus himself said, "Those who eat my flesh and drink my blood abide in me, and I in them." (2) Jesus said that he came that we may have life and have it to the full (John 10:10). In the Eucharist he provides a visible means of communicating this life to us so that we can be fully alive both in this world and in the next. As Jesus said, "Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day" (John 6:53-54).

Yes, my brothers and sisters, a feast like this affords us the opportunity to give God collective thanks for Christ's abiding presence with us which is made visible in the Eucharist. It is also an opportunity for us to seek a better understanding of the sacrament of the Body and Blood of Christ and to form our attitude to it accordingly, since the Eucharist is a sacrament of life which, if misused, could bring about the opposite effect. As St Paul wrote to the Corinthians, "All who eat and drink in an unworthy manner, without discerning the Lord's body; eat and drink judgment against themselves. For this reason, many of you are weak and ill, and some have died" (1 Corinthians 11:29-30).

Let us today approach the Eucharist with a more lively faith in the real presence of Jesus in the Eucharist and we shall experience therein God's saving power and transforming love. Then we will be able to shout aloud with deep faith and devotion: "O Sacrament most Holy, O Sacrament most Divine; All praise and all thanksgiving, be every moment Thine."

*Janu Kumudramalakal*

**RESPONSORIAL PSALM: Praise the Lord, Jerusalem.**

Readings for next Sunday, 21st June 2020

1st Reading Jer 20:10-13

2nd Reading Rom 5:12-15

Gospel Mat 10:26-33

### Saints/Feast Days Of the Week

19th June The Most Sacred Heart Of Jesus

20th June The Immaculate Heart  
of the Blessed Virgin Mary

### Our Community's Prayer Petitions

**PLEASE NOTE: THE NAMES ON THE SICK LIST WILL REMAIN  
FOR TWO MONTHS ONLY UNLESS OTHERWISE NOTIFIED.**

**BULLETIN PRAYER LIST:** Please note that names can only be added to  
this list by immediate family, or the ill person themselves  
(for reasons of privacy).

**Please Remember in your Prayers  
THOSE WHO ARE SICK, especially:**

Grace Tabone, Ursula Moore, Lil Buckley, Jason Mittiga, Pat Collins,  
Ruby Brokensha, Anne Van Der Arend, Gerry McConnell,  
Margaret Pitt, Patricia Kopf, Darcy Ridley, Paul Holmes,  
Father Peter Milburn, Maria Hand, Emma Gammon, Asher Caudle,  
David North, Elijah Neri, Wayne Collins, Marg Dolman, Sean Molloy,  
Antoinette Pascale, Charlotte Fussell, Phyllis Anthony, Reta Lockyer,  
John MacGrath, Ken Robinson, Graham Armstrong, Mary Redmond,  
Graham Speed, Marlen Piineda, David Truman, Bruce McAndie,  
Rosa Maria Santos, Betty Roper, Imperia De Ionno, Julie Reimann,  
Maddison Calleja, Janice Forrester, Jim Marlow, Gerry Canavan,  
Jayden Lee, Marie Boulton, Gary Lockyer, Yvonne Summers,  
Sr. Marleen Dewar OLSH, Kay Kennedy, Rita Robinson

### Craft Market 2020 – Cancelled

Sadly, our Craft Market that was to be held  
on 7<sup>th</sup> November at St John XXIII Mass Centre  
is cancelled. Due to the Covid-19 pandemic and the  
unsure environment we are in at this time  
we are unable to plan and organise for  
this important event this year.

Thank you to parishioners, families and friends who  
helped out in so many ways to make  
last year's Craft Market such a great success  
both financially and socially.

We couldn't have done it without you!

We look forward to your support and  
community spirit again next year.

Lea Crosby  
On behalf of the parish  
Craft Market committee

### HAPPY BIRTHDAY JUNE BABIES

9th June Jolanta Ball,  
Eddy Valle

20th June Angela LeLacheur



**ST VINCENT DE PAUL**

HQ: 1300 729 202 from 9.00am – 1.00pm  
or [www.vinnies.org.au](http://www.vinnies.org.au)



### St Vincent de Paul Modbury Conference

It was back to a high demand last week with seven  
calls for home visits assisting a total of thirteen adults  
and four children. The assistance requests were mainly  
for food, but also some need expressed for furniture.  
We will probably see a surge of requests for assistance  
as Winter starts, and arrival of power bills.

Pantry needs this week are

Tinned Meat and Tinned Peas/Beans if you can help.  
We're missing your regular contributions in the basket  
with the Mass limitations and having to shop a lot more  
assistance items.

### Winter Appeal

Vinnies is again conducting a Winter Appeal,  
and this year more than ever, the funds are vital  
to Conference and Society finances.  
Until the Vinnies shops re-open, the main income  
stream for the Society is dry.  
There are donation envelopes at the Parish Office if  
you are able to contribute – receipts can be provided.



### Parish Prayer

To pray is to talk to God about whatever it is that is  
in our hearts: the things that bring us joy or sorrow;  
our hopes and dreams; our gifts and talents;  
our worries or weaknesses.

In prayer we can talk to God about whatever  
it is that is in our hearts.

The Parish Pastoral Council would like you to work  
with us on developing a parish prayer.

A prayer that speaks to God of our parish,  
our community our needs.

A prayer that we can pray during the Mass,  
on special occasions, at parish meetings  
or in our own homes.

We would like to invite you to submit your ideas for  
inclusion in our parish prayer.

In your preparation you might like to think  
about our parish, our community,  
and our Mission & Vision which is available on our  
web site at <https://paramodcath.com.au/our-vision/>  
and on the noticeboard at the back of each Church.

You might also like to reflect on our patrons:

The Holy Trinity – forever one – Father, Son and  
Holy Spirit; and St John XXIII.

We eagerly await your ideas.

They can be submitted to the parish office in time  
for the PPC Meeting in August.

**GOSPEL ACCLAMATION: Alleluia, alleluia! I am the living bread from heaven, says the Lord;  
whoever eats this bread will live for ever. Alleluia!**



## Collections

We would like to thank all our parishioners who so generously support our Priests and Parish. We are all going through some difficult times and the parish requires your continuous support so that we are able to go on as the bills keep coming in. If you can help in any way it is very much appreciated.

If you would like to contribute online please visit our website [paramodcath.com.au](http://paramodcath.com.au) and use the link to make your contributions to both the presbytery fund (1st collection) and to the parish (2nd collection).

Once you click the link

- Choose the parish. Scroll down and choose Para Hills /Modbury and click submit.
- Once you have done this please make sure that you have filled in all the required fields.
- Choose first collection from the payment type for presbytery collection.
- Choose "general" at the payment type if you are making a donation for the second collection. \*Please fill in your planned giving number in the space provided so that we will know from whom the debit comes.
- Click next
- Enter verification code
- Click next
- You will have the option to print or email a receipt for your records
- Click finish

**With the resumption of Masses contributions can be dropped off at any of the Masses or at the Parish Office using the mail slot next to the office door. Please mark envelopes clearly as 1st or 2nd collection.**

**We would like to once again thank all of our parishioners who have continued to financially support us during the last couple of months as this has greatly helped our finances.**

## **Sale of Entertainment Books**

Due to the current pandemic, the parish East Timor committee's only fundraiser for now is the sale of Entertainment Books.

If you would like to purchase one, digital versions are the only ones available now. Please refer to the Entertainment Book website for information and ordering.

You will need to quote 'Para Hills Modbury Catholic parish' as the charity. \$14/book will be given to the parish for Maliana diocese.

Kind regards  
East Timor committee

## **SAFETY FIRST**

**As we start to return to Mass please remember the carparks are shared zones and for safety the speed limit is 10kph (walking pace).**



## **Plenary Council Discernment Papers**

Due to the COVID-19 Pandemic, the Plenary Council Assembly in Adelaide has been postponed until October 2021, with exact dates yet to be finalised. The Discernment papers from the Writing and Discernment Groups, taking into account everything said from the 1<sup>st</sup> (Listening and Dialogue) and ongoing 2<sup>nd</sup> (Listening and discernment) phases of the Plenary Council have been released and can be found at:

<https://plenarycouncil.catholic.org.au/continuing-the-journey-of-discernment/>

## **Masses Online & On Television**

**We will continue to stream weekend Masses on our YouTube channel.**

**Please visit our parish website for the link or go to [youtube.com](https://www.youtube.com) and search for Para Hills Modbury Catholic Parish**

**Also visit the Archdiocese website for links to information, prayers and other streamed Masses.**

**Sunday Mass is also screened on Free-To-Air TV Channel 10 at 6am Sunday morning. Channel 44 at 4pm Sunday afternoon.**

## **Parish Bulletin**

To help to keep you up to date with developments the Parish Bulletin will continue to be published weekly and posted online on the Parish Website <http://paramodcath.com.au>

If you would like to receive the bulletin via email please contact us at [bulletin@paramodcath.com.au](mailto:bulletin@paramodcath.com.au)

## **Bulletin Articles**

If you have a story to share about how this time of church closures and isolation from our parish community is affecting you and your faith please email it in to [bulletin@paramodcath.com.au](mailto:bulletin@paramodcath.com.au)



## **THE SOUTHERN CROSS**

The June edition of The Southern Cross is available from both Mass Centres and the Parish Office at a cost of \$2 or online at

[www.thesoutherncross.org.au](http://www.thesoutherncross.org.au)

This month's edition features an article about our hospital Chaplains, including our former Pastoral Associate Grace Healey