



PARA HILLS MODBURY CATHOLIC PARISH

PARISH TEAM

FR MANU KUMBIDIYAMACKAL
MSFS

(PARISH PRIEST)

JEN SHERLOCK
(PASTORAL ASSOCIATE)

SINDI KINLOCH
(PARISH ASSISTANT)

PAULINE LAI
(FINANCE OFFICER)

PARISH ADMIN OFFICE

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OFFICE HOURS:

TUESDAY-FRIDAY: 9AM-2PM

HOLY TRINITY CHURCH

171 KESTERS ROAD,
PARA HILLS 5096

ST JOHN XXIII CHURCH

50 RESERVOIR RD,
HOPE VALLEY 5090

**CHILDREN'S LITURGY
CELEBRATED AT
10AM MASS**

BAPTISMS

BOOKINGS TO BE MADE
THROUGH THE PARISH OFFICE.

MARRIAGES

BY APPOINTMENT ONLY

REGIONAL CATHOLIC SCHOOLS

ST FRANCIS XAVIER'S
(PRIMARY) 8251 9500
CARIGNANE ST,
WYNN VALE 5127

GLEESON COLLEGE
(SECONDARY) 8282 6600
40-60 SURREY FARM DRIVE,
GOLDEN GROVE 5125

PARISH CHILD PROTECTION OFFICER

THERESE MEYERS: 0421 533 761
TASH SOUTER: 0422 270 655

15th March 2020
3rd Sunday of Lent, Year A - Violet

Bulletin Vol.17
Issue 08

**We acknowledge the Kurna people as the custodians of this region.
Let us share and learn together for reconciliation and justice.**

ST JOHN XXIII Hope Valley

Monday 9.15am
Tuesday 9.15am
Saturday 6pm
Sunday 8am

MASS TIMES



MODBURY HOSPITAL
Thursday Mass 11am

HOLY TRINITY Para Hills

Wednesday 7pm
Thursday 9.15am
Friday 9.15am
(Adoration Before Friday Mass
commencing 8.30am)
Saturday 9.15am
Sunday 10am

**Reconciliation (Confession) Saturdays after 9.15am Mass at Holy Trinity
And 5.30pm at St John XXIII**

PRAYER MEETINGS AND DEVOTIONS

Mon	16th Mar	Religious Education for Children	5pm - 6pm	Holy Trinity
Tue	17th Mar	Prayer Reflection	11am - 12 noon	St John XXIII
Tue	17th Mar	Legion of Mary	12.30pm	Holy Trinity
Thur	19th Mar	Legion of Mary	7.30pm	
		Mother of Christ Praesidium (6 Metcalfe Ave Modbury Heights)		
Fri	20th Mar	Stations of the Cross	7pm	Holy Trinity

OTHER ACTIVITIES DURING THE WEEK

Mon	16th Mar	Bowls	1pm	St John XXIII
Tue	17th Mar	Reach Out	9.45am	St John XXIII
Wed	18th Mar	Seniors Social Club	1pm	Holy Trinity
Fri	20th Mar	Craft Group	9.30am - 12noon	St John XXIII

Celebrating the Sacrament of Reconciliation



God has shown forth his mercy by reconciling the world to himself in Christ and by making peace for all things on earth and in heaven by the blood of Christ on the cross. The Son of God who became human lived among humans in order to free them from the slavery of sin and to call them out of darkness into God's marvellous light. Jesus, therefore, began his work on earth by preaching repentance and saying: "Turn away from sin and believe the good news" (Mark 1 :15).

This invitation to repentance, which had often been sounded by the prophets, prepared the hearts of the Israelites for the coming of the Kingdom of God through the voice of John the Baptist who came 'preaching a baptism of repentance for the forgiveness of sins' (Mark 1 :4). Jesus, however, not only exhorted men to repentance so that they should abandon their sins and turn wholeheartedly to God, but he also welcomed sinners and reconciled them with God the almighty. Jesus died for our sins and rose again for our justification. Therefore, on the night he was

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betrayed and began his saving passion, he instituted the sacrifice of the new covenant in his blood for the forgiveness of sins. After his resurrection he sent the Holy Spirit upon the apostles, empowering them to forgive or retain sins and sending them forth to all peoples to preach repentance and the forgiveness of sins in his name. "Jesus said to them again, 'Peace be with you. As the Father has sent me, even so I send you.' And when he had said this, he breathed on them, and said to them, 'Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained'" (John 20:21-23).

Regardless of religious denomination, penance rituals are crucial parts of world history and human nature.

The act of penance occurs in cultures and religions worldwide. Catholics seek absolution through the Sacrament of Reconciliation, which is an act of penance that involves a person confessing one's sins and receiving forgiveness for sins. The Sacrament of Reconciliation is one of the most unique and beautiful aspects of Catholicism. Jesus Christ, in His abundant love and mercy, established the Sacrament of Confession, so that we as sinners can obtain forgiveness for our sins and reconcile with God, with one another and with the Church.

Lent is there to build the Church up to celebrating Easter. The Church has crafted the liturgical calendar such that the feast of Easter has an entire 40 days of preparation. Christ suffered and died for our sins in His Passion and then resurrected on Easter Sunday. We go to the cross in the confessional and rise again renewed after unloading our sins. Lent and confession go hand in hand in two ways. The former is the season of conversion, and the latter is one of the greatest means of conversion. Now that we are in the season of Lent, parish will be offering several opportunities to receive the Sacrament of Reconciliation. It's common knowledge that many people have pretty much eliminated this sacrament from their lives; perhaps not consciously, but simply pushed it aside. Let's face it. It's not easy to admit our sins, and it's even harder to confess them to another person, even if it is a priest. In some ways it may seem a burden. And yet, to be truthful, there is hardly anything more adult and mature that we can do than face our own faults and sins.

As difficult as this can be, it is one opportunity to ask ourselves how we have acted towards our families, spouses and those around us. While I might call myself a Catholic, have I done what I need to do in living my faith? The season of Lent was found to be more beneficial still as a season to stop and seriously reflect on 'where am I in my life? Am I turning away from sin? And am I turning toward God? Confession just very naturally fits into the season of Lent and the penitential season that it was always meant to be. As we as a parish community prepare ourselves to celebrate the sacrament of reconciliation let us begin to reflect on the importance of this sacrament in our lives and the meaning and purpose of this sacrament and how we celebrate it. (to be continued..)



Readings for next Sunday, 22nd March 2020

1st Reading	Sam 1	16:1, 6-7, 10-13
2nd Reading	Eph	5:8-14
Gospel	John	9:1-41

Saints/Feast Days Of the Week

17th	Mar	St Patrick
18th	Mar	St Cyril of Jerusalem
19th	Mar	St Joseph, Spouse of the Blessed Virgin Mary

Our Community's Prayer Petitions

PLEASE NOTE: THE NAMES ON THE SICK LIST WILL REMAIN FOR TWO MONTHS ONLY UNLESS OTHERWISE NOTIFIED.

BULLETIN PRAYER LIST: Please note that names can only be added to this list by immediate family, or the ill person themselves (for reasons of privacy).

**Please Remember in your Prayers
THOSE WHO ARE SICK, especially:**

Pat Collins, Ruby Brokensha, Anne Van Der Arend, Gerry McConnell, Margaret Pitt, Patricia Kopf, Darcy Ridley, Paul Holmes, Dudley Dolman, Father Peter Milburn, Maria Hand, Emma Gammon, Asher Caudle, David North, Elijah Neri, Wayne Collins, Antoinette Pascale, Marg Dolman, Charlotte Fussell, Selena (Rose) Quinn, Phyllis Anthony, Reta Lockyer, John MacGrath, Ken Robinson, Graham Armstrong, Mary Redmond, Graham Speed, Marlen Piineda, David Truman, Bruce McAndie, Rosa Maria Santos, Sean Molloy, Betty Roper, Imperia De Ionno, Julie Reimann, Maddison Calleja, Janice Forrester, Jim Marlow, Gerry Canavan, Jayden Lee, Marie Boulton, Sr. Marleen Dewar OLSH, Kay Kennedy, Rita Robinson, Gary Lockyer, Yvonne Summers.

Recently Deceased

Eileen Ryan, Anthony Tuanqui, Audrey Athayde

**MASSES FOR THE FEASTS OF
ST PATRICK & ST JOSEPH**

**St Patrick - Tuesday 17th March 9.15am
at St John XXIII**

**St Joseph - Thursday 19th March 9.15am
at Holy Trinity Church**

**Please note there will not be a Mass at the
Modbury Hospital on Thursday 19th March**



***PASSING OF
Eileen Ryan
(Pauline Lai's mother)***

The Funeral Mass for Eileen Ryan will be held at St Joseph's Church, 484 Magill Road, Kensington Gardens on Monday 16th March at 11.30am.



STATIONS OF THE CROSS

**Stations of the Cross
on Friday Nights during Lent
at HOLY TRINITY Church at 7-00pm**

RESPONSORIAL PSALM: If today you hear his voice, harden not your hearts.

ST VINCENT DE PAUL

HQ: 1300 729 202 from 9.00am — 1.00pm
or www.vinnies.org.au



**St Vincent de Paul
Modbury Conference**

*Lord your timeless lesson sings out in the
voice of constant waves, in the wind through
the trees and in the harmonies of life.*

*Wash clean our ears to hear you, make us
listen now, for we need your great wisdom to assist us in
our life. Amen.*

We had 7 families call for assistance this week
covering 11 adults and 2 children.

Our Gift Card options, for shopping for some
perishables to complement the groceries we deliver,
are limited to Drake's at present, as the Triangle and
Junction Foodland shops changed owners.

Our needs in the pantry are Spaghetti, Tinned Fish,
Sugar and Long Life Milk.

It will greatly help if any or all of these items could be
placed in the Vinnies' collection basket.

Thank you and God Bless

REACH OUT GROUP

Tuesday 17th March 2020

9.15am Mass at St John XXIII

Followed by Reach Out meeting and a cuppa.

All Welcome

Reader: Jos Hensing
Offertory: Irene & Rafael Melgh
Communion: Maureen Kenny
Altar Server: Ian Dalwood

For information about Reach Out please call
Maureen Kenny Ph: 8396 7682 or M: 0418 821 859

Following the Prayer Reflection at approx. 12noon
we will be going to lunch
at the Civic Park Family Restaurant
to celebrate Lotti Gisi's 90th Birthday
All Welcome



DEVELOPMENT FUND 2020

Congratulations Kathryn Hudson
No. 2

Drawn by Fr Manu
For Trish Taylor

Contact: Barbara Mathews 8258 8806
to be included in the draw.

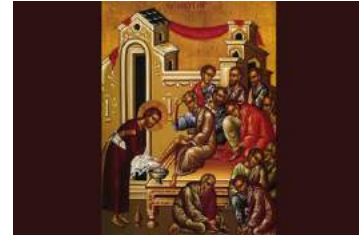
**HAPPY BIRTHDAY
MARCH BABIES**



16th Mar Joe Viceban
17th Mar Lotti Gisi
18th Mar Paul Gallagher, Les Ost
19th Mar Anne Valentine

**The Triduum Is to the Liturgical Year
as Sunday Is to the Week**

Joe Paprocki Lent



At a workshop he gave about the Triduum, Gabe Huck, a
renowned liturgist said "The Triduum is to the liturgical
year as Sunday is to the week." In Christian tradition,
Sunday is a day "set apart" from the rest of the week,
dedicated to worship, rest, and works of mercy.

What Gabe Huck is suggesting, is that the Triduum,
the "three days" beginning with Holy Thursday evening
through to Easter Sunday evening—is to be a time that is
"set apart" from the rest of the year so that we might fully
enter into the Paschal Mystery of our Lord Jesus Christ.
Granted, setting apart three days is not easy given our
busy lives. However, we can still set apart these three
days by entering into them with a different focus and
attitude than we do on any other day through the year.

We can turn off TVs and set aside social media. We can
commit to being less talkative ourselves. We can fast
from our regular diet – meals and drinks. We can make
time to get to church for as many of the Triduum services
as possible. We can pay closer attention to the needs of
others.

As we move towards the Triduum services, check out the
schedule for the three days—the climax of our liturgical
year and the reason we are Christian!

An extract from The Catechists Journey – Loyola Press.
<https://catechistsjourney.loyolapress.com/2019/04/the-triduum-is-to-the-liturgical-year-as-sunday-is-to-the-week/>

Parish Pastoral Council

We are calling for nominations for membership of the
Parish Pastoral Council.

Applications are invited from individuals who would like
to serve on the council or from those who would like to
nominate someone to serve on the council.

The PPC meets on the second Tuesday of each month
and we are really keen to have parishioners
representative of each of our weekly Masses on the
council.

If you are nominating someone else, please check with
that person that they are happy to be nominated.
Nominations should be forwarded to the Parish Office
by 1st April.

CONGRATULATIONS

LOTTI GISI ON YOUR

90TH BIRTHDAY

GOSPEL ACCLAMATION:

Lord, you are truly the Saviour of the world; give me living water, that I may never thirst again.

EASTER LITURGY MINISTRY

As with all of our regular Masses we will need Liturgy Assistants for the Passion Sunday and Easter Liturgies.

The Rosters are now up at the back of the Church. If you are able to help in any of the ministries please add your name to the rosters.

Coronavirus Precautions New Archdiocesan Protocols

Bishop Greg O'Kelly, after extensive medical consultation, has written to all parishes in the archdiocese regarding new protocols to be implemented as a precaution against the spread of Coronavirus. The following temporary protocols have been put into place in all parishes .

1. Cease distribution of Holy Communion by Chalice for the time being.
2. Cease distribution of Holy Communion on the tongue for the time being in order to avoid transfer of saliva.
3. All Ministers of Holy Communion will clean their hands with an alcohol based gel or rub before and after distributing Holy Communion, and avoid all skin to skin contact.
4. Avoid physical contact at the Sign of Peace for the time being.
5. Temporarily empty Holy Water stoups of water.
6. Alcohol based gels are available at the main entrance to the Church.
7. Anyone who has been in contact with a coronavirus affected place or person within the last 14 days and is experiencing cold or flu like symptoms, is to remain away from Mass till the symptoms have passed or they have been cleared by a doctor. Their Sunday Mass obligation will be met by a time of prayer at home.
8. Anyone using the kitchen is asked to wipe down the kitchen surfaces with disinfectant spray.

A full copy of the letter from Bishop Greg O'Kelly is posted on the notice board and copies are available at the back of the church.



Barry grew up in a tough environment. With the support of a program from Caritas Australia's partner, Red Dust Healing, Barry has overcome many of life's challenges. He is now an inspirational father to his four girls and a leader in his community.

Please donate to Project Compassion 2020 and help vulnerable people like Barry, so that they are empowered to assist members of their communities in Australia.

Let's Go Further, Together.

You can donate through Parish boxes and envelopes, by visiting www.caritas.org.au/projectcompassion or phoning 1800 024 413.

Stational Masses 2020

The Lenten Stational Masses provide an opportunity for the faithful in parishes in each Deanery cluster to come together with Archdiocesan leaders and local clergy to share the Lenten journey. Conscious of walking in the footsteps of Jesus, communities have a chance to meet, to pray, to celebrate the Eucharist and to be mindful of the needs of the wider community as we prepare our hearts and minds for the celebration of Easter.

The Stational Mass is also an opportunity to present candidates, already baptised, who are seeking full communion with the Catholic Church.

Stational Masses Lent 2020

Wednesday March 18 at 7pm – Glen Osmond
Fr Denis Travers

Wednesday March 25 at 7pm – Kapunda
Fr Mark Sexton

Thursday March 26 at 7pm – Tea Tree Gully
Fr James Jeyachandran OMI

Commissioning Mass for all Catechists in Para Hills Modbury Parish

We will be commissioning our Catechists at the 10am Mass on Sunday 22nd March at Holy Trinity Church.

All volunteers who help with Religious Education Classes, Children's Liturgy or Sacramental Programs are asked to come along, to celebrate their ministry as Catechists within our parish community.



PRAYER REFLECTION GROUP

Prayers in the Chapel at St John XXIII on Tuesday 17th March from 11am - 12noon
All Welcome to come and pray and reflect.

LEARN MORE ABOUT YOUR FAITH

- Lives of the Saints
- Papal Encyclicals & Letters
- Teachings of the Magisterium
- Insights into the Gospels of Mark, John etc.
- How to read the Bible
- Does the Church still teach that?
- The persecuted Church
- Pilgrimages
- A Catholic perspective of World News
DVD Library every 3rd Sunday of the month at Holy Trinity.

The Library will be open on—15th March after 10AM MASS.

**WE ARE ALL CALLED TO HOLINESS
DON'T MISS YOUR CHANCE**