



# PARA HILLS MODBURY CATHOLIC PARISH

14th September 2014

THE EXALTATION OF THE HOLY CROSS — Year A (Red)

Bulletin Vol.11 Issue 34  
Deadline: Tuesday pm

## Parish Team

FR MANU KUMBIDIYAMACKAL MSFS  
(PARISH PRIEST)

GRACE HEALEY  
(Pastoral Associate)

SINDI KINLOCH  
(Parish Assistant)

PAULINE LAI  
(Finance Officer)

JILL BROKENSHA  
(Secretary)

ANGELA COON  
(APRIM at St Francis Xavier)

## Parish Admin Office

50 Reservoir Rd, Hope Valley 5090  
Ph: 8264 7590 Fax: 8265 2012

### Email:

paramodcath@adam.com.au

### Office Hours:

Mon-Fri: 9am-2pm

## Holy Trinity Church

3 James Street, Para Hills 5096

## John XXIII Church

50 Reservoir Rd, Hope Valley 5090

**CHILDREN'S LITURGY  
CELEBRATED AT 6PM &  
10AM MASSES.**

## BAPTISMS

Celebrated EITHER during the  
6pm, 8am & 10 am Masses on  
the 2nd Sun of the month OR

11.30am at Holy Trinity  
12noon at John XXIII  
(Alternately on 4th Sun)

Bookings to be made through  
the Parish Office.

## MARRIAGES

By appointment only.

## REGIONAL CATHOLIC SCHOOLS

**St Francis Xavier's**  
(Primary) 8251 9500  
Carignane St,  
Wynn Vale 5127

**Gleeson College**  
(Secondary) 8282 6600  
40-60 Surrey Farm Drive,  
Golden Grove 5125

**We acknowledge the Kurna people as the custodians of this region.  
Let us share and learn together for reconciliation and justice.**



## Parish Mass Times

**Saturday Vigil 6pm John XXIII Church**

**Sunday 8am John XXIII Church,**

**10am Holy Trinity Church**

**Reconciliation (Confession) 5.30pm Sat at John XXIII and  
after 9.15am Mass on 1st Sat. of the Month at Holy Trinity.**

## Saints/Feast Days Of the Week

15th Our Lady of Sorrows  
16th St Cornelius, St Cyprian  
17th St Robert Bellarmine  
19th St Januarius  
20th St Andrew Kim Tae-gon,  
St Paul Chong Ha-sang  
& Companions

## The Exaltation of the Holy Cross

Today we celebrate the feast of the Exaltation of the Cross. We celebrate this important feast for two reasons: To recall an historic event that proved to be extremely important in the life of the Christian church and to underline the importance of the symbol and reality of the cross in the daily life of every Christian. The important event we commemorate is the finding of the relics of the cross on which Jesus was crucified. According to St John Chrysostom, St Helen, mother of Emperor Constantine, longed to find the cross of Christ. For this reason she travelled to Jerusalem where she organised a dig at the hill of Calvary. The diggers uncovered three wooden crosses in the year 326. They could not tell which one was the cross of Jesus and which were the crosses of the two thieves crucified with him. Finally they brought a sick woman and the dead body of a man. The three crosses were placed one after the other on the sick woman and on the dead man. Two of the crosses had no effect, but on contact with the third cross, the sick woman was healed of her infirmity and the dead man came to life. These miracles clearly indicated which of the three was the Holy Cross. The Patriarch of Jerusalem, Makarios, standing on a raised platform, lifted high the cross, "exalting" it, for all to see. St Helen then commissioned a church to be built over the site. The church of the Holy Sepulchre was consecrated on September 13, 335. The feast of the finding and exaltation of the Cross was appointed to be celebrated annually on the following day. The basilica of the Holy Sepulchre is today regarded as the holiest spot on earth by Christians of all denominations. *(Summarised from the sermon of Fr Munachi E. Ezeogu, cssp)*

Today the sign of the cross has become a universal Christian symbol. When people sneeze and make a sign of the cross on themselves or athletes make a sign of the cross before or during play, we recognise them immediately as Christians. Ornamental crosses are fashionable today in the form of necklaces, broaches, earrings, and the like. Crucifixes in the homes, the school and the classroom are a constant witness and reminder of our faith in Christ who died on the cross to set us free. These are all useful and important ways of proclaiming and lifting high the cross of Christ. The cross is not just a piece of wood. It is a symbolic summary of the suffering, death and resurrection of Christ by which we have been redeemed. It is a symbol of our faith. Jesus taught us that the cross should be a constant feature in the daily lives of his followers: "If any want to become my followers, let them deny themselves and take up their cross daily and follow me" (Luke 9:23).

*Fr. Manu Kumbidiyamackal*



**5 WEEKS TO GO TO OUR PARISH ANNUAL CRAFT FAIR  
Saturday, October 18, 2014**



OUR PARISH WEBSITE: <http://users.adam.com.au/paramodcath>

ARCHDIOCESE WEBSITE: [www.adelaide.catholic.org.au](http://www.adelaide.catholic.org.au)

Readings for 21st September 2014  
 1st Reading: Isaiah 55:6-9  
 2nd Reading: Philippians 1:20-24, 27  
 Gospel: Matthew 20:1-16

**Sacramental Information Night**

Any children in grade three onwards ready to receive Reconciliation, Confirmation and Holy Eucharist Sacraments the Information night will be held at:

**Holy Trinity on Monday the 15<sup>th</sup> September 2014 at 7 p.m.**

**Rite of Christian Initiation of Adults (R.C.I.A.)**

We will be starting our sessions soon for catechumens (not baptised) and candidates (baptised but do not have all sacraments) for R.C.I.A. The Second Vatican Council prescribed the revision of the rite of baptism of adults and decreed that the catechumenate for adults, divided into several steps, should be restored. This means the time of the catechumenate, which is intended as a period of well-suited instruction, would be sanctified by liturgical rites to be celebrated at successive intervals of time. The Council likewise decreed that both the solemn and simple rites of adult baptism should be revised, with proper attention to the restored catechumenate.

please contact Grace Healey Pastoral Associate on [ghealeyparamod@adam.com.au](mailto:ghealeyparamod@adam.com.au) or Phone: 8264 7590

**KIDS CORNER**

Jesus who died for me,  
 Help me to live for thee.

Jesus, our Lord, we praise you  
 That nothing could keep you dead in the grave.  
 Help us to remember  
 That there is nothing to be afraid of,  
 Because you are alive and by our side.  
 Amen



**DEVELOPMENT FUND**



Congratulations Joyce Simmonds  
 Ticket No. 22  
 Drawn by Jill Brokensha  
 Contact: Marg Dolman 8264 1317  
 to be included in the draw.

**Our Community's Prayer Petitions  
 During September**

**PLEASE NOTE: THE NAMES ON THE SICK LIST WILL REMAIN FOR TWO MONTHS ONLY UNLESS OTHERWISE NOTIFIED.**

**BULLETIN PRAYER LIST:** Please note that names can only be added to this list by immediate family, or the ill person themselves (for reasons of privacy).

**Please Remember in your Prayers**

**THOSE WHO ARE SICK, especially:**

Elizabeth Meikle, Rita Robinson, Cathy Sharkey, Frances Davies, Pauline Fuller, Eileen Ryan, Gary Lockyer, David Bird, Lynette Bird, Yvonne Summers, June Tucker, Richard McDonald, Darcy Ridley, Ursula Spencer, Joy Almeida, Ethel O'Hanlon, Marie Bakaj, Brett Speed, Jennifer Francou, Owen Cannard, Regan Barry, John Cherry, Dudley Dolman, Anastazia Proc, Fr. Michael Walsh, Pat Feutrill, Paul Holmes, Michael Lochhead, Margaret Scott, Christopher Malone, Odette Dotter, Jim Gibson, Felix Williams, Kay Kennedy, Therese Middeldorp, Michaela Matthews, Valma Smart.

**Those Recently Deceased**

Allen Shuttleworth, Susan Lafferty, William "John" Monaghan

**What's happening during SEPTEMBER**

[J23 = John XXIII Church, HT = Holy Trinity Church]  
 [LWHC = Liturgy of the Word with Communion]



**SEPTEMBER 2014**

- Mon 15th** MASS, 9.15am, HT  
 Friendship Bowls, 1pm-3.30pm, J23  
 Legion of Mary (Jnr) 4pm-5pm, HT  
 R.E., 4pm-5pm, HT  
**Sacramental Information Night**, 7pm, HT
- Tues 16th** MASS, 9.15am, J23  
LWHC, 9.15am, HT  
 Reach Out, 9.45am, J23
- Wed 17th** MASS, 7pm, HT  
 Over 50's, 12.30pm-3.30pm, HT  
 Legion of Mary, 7.30pm, HT
- Thur 18th** MASS, Modbury Hospital, 11am  
 Christian Meditation, 2pm, J23
- Fri 19th** MASS, 9.15 am, HT  
LWHC, 9.15am, J23  
 Craft, 9.30pm-12noon, J23  
 Holy Hour, 3pm, HT
- Sat 20th** MASS, 6pm, J23,
- Sun 21st** MASS, 8am, J23  
MASS, 10am, HT  
 DVD Library, 11am, HT

**THE SOUTHERN CROSS**

The September edition of the Southern Cross is now available. Only \$2  
 Please Support Your Local Catholic Newspaper.

**Happy Birthday September Babies**

- 17th Michael McLoughin
- 18th Danielle Ellis
- 19th Joan Norris
- 20th John Cherry, Meredith Knowles, Michelle Javier, Eric Cruz



# Our Community News . . .



**ST VINCENT DE PAUL**  
**HQ: 1300 729 202 from 9.00 — 1.00pm**  
 or [www.vinnies.org.au](http://www.vinnies.org.au)

## ST VINCENT DE PAUL



*Let us pray for those who have so little – The Poor, Lonely and Destitute. May they find comfort from those who have so much to give. Amen.*

Last week we had 4 calls to assist 5 Adults and 9 Children all needing assistance with food. Our pantry needs at John XXIII this week are: Margarine, Pasta and Toilet Soap.

Thank you for your invaluable assistance.  
 God Bless.

## REACH OUT

Tuesday 16th September, 2014  
 Mass 9.15am at J23 followed by a cuppa  
 Reader: Maureen F.  
 Offertory: Irene & Barbara  
 Communion: Raphael & Clem  
 Altar Server: Jos

All Welcome

**REACH OUT** are planning **A DAY TOUR** on **TUESDAY 7TH OCTOBER, 2014** and invite members from the Parish to join them. Leaving John XXIII Car Park at 9a.m., we journey by Coach to **LITTLEHAMPTON**.

Morning Tea before a 20 minute train ride through the farmyard and open paddocks at the Littlehampton Platform/Heritage Farm. Lunch (main/dessert) at the Great Eastern Hotel. Then view inside a brick kiln: short walk bush track to one of few Churches with a fireplace: see where first Great Eastern Steeplechase was held. Afternoon Devonshire Tea. Travel back to Hope Valley arriving approx. 4.30p.m.

**COST: \$75 per person (all inclusive).**

**BOOKINGS** with Judy Dalwood (8264 3342) or Margaret Emery (8264 0780).



## Upcoming events in St Francis Xavier's Cathedral:

- Sunday Sept 14** – Child Protection Sunday, all Masses
- Sunday, Sept 14** – Awards for Excellence for Secondary Students, 6pm
- Sunday, September 28** – Ecumenical Memorial and Thanksgiving Service of the Heart Foundation, 2pm
- Sunday, October 5** – 100<sup>th</sup> year celebration of St Patrick's Church Grote Street, 1.30pm
- More events:** <http://www.adelaide.catholic.org.au/news-and-events/upcoming-events>

Adelaide Archdiocesan website:  
<http://www.adelaide.catholic.org.au>

## LEARN MORE ABOUT YOUR FAITH

- Lives of the Saints
- Papal Encyclicals & Letters
- Teachings of the Magisterium
- Insights in the Gospels of Mark, John etc.
- How to read the Bible
- Does the Church still teach that?
- The persecuted Church
- Pilgrimages
- A Catholic perspective of World News

Video/DVD Library every 3rd Sunday of the month at Holy Trinity.

**The Library will be open next - 21st September - after 10AM MASS.**

**WE ARE ALL CALLED TO HOLINESS - DON'T MISS YOUR CHANCE**

## Community Garden News

- \* Good composted soil has arrived for our vegetable boxes.
- \* Anyone that wishes to shift the soil to the boxes in the next week, feel free to do so. We have spades; you will need your own gloves.
- \* Please check with the office to make sure it hasn't already been completed.

The next gathering will be on **20<sup>th</sup> September from 9.30a.m. to 12 p.m.** This is the fun bit we get to choose what vegetables we want to plant. Thanks to those that have offered pavers. We will be receiving some very shortly from parishioners.



## Pub Theology 22 September 2014 - Dr Robert Walley, MaterCare International

DATE: Monday 22 September 2014  
 TIME: 6.30pm (dinner), 7.30pm (talk)  
**VENUE: Rob Roy Hotel, 106 Halifax St, Adelaide**  
 SPEAKER: Dr Robert Walley  
 This event is for ages 18-35  
 Any age for priests and religious!

## AUSTRALIAN CHRISTIAN (WORLD WIDE) MEDITATION COMMUNITY

Silent Retreat Day, Retreat Leader:  
 Rev. Gary Stuckey, Director  
 "Stillpoint Spirituality Centre".

Date: Saturday 20th September, 2014.  
 Place: St Ignatius Church Hall, Norwood  
 Time: 11am—4pm.

Pack a lunch (not shared) **SILENT RETREAT**. Please come along, and enjoy the silence of "Glimpses of Glory" - "Transfigured by Christ"

**Please see notice—board.**  
**Phone: 8265 2522 for further information**

**GOSPEL ACCLAMATION: We adore you, O Christ, and we praise you, because by your cross you have redeemed the world.**



**Living the Joy of the Gospel in Parishes**  
 Proclaim 2014 conference last August offered practical tips into evangelisation and facilitating parish growth. If you are interested in receiving some of these invaluable insights, workshop and keynote presentations are available as visual or audio for FREE online.  
[www.proclaimconference.com.au/resources](http://www.proclaimconference.com.au/resources)

**LIVING WATERS PRAYER GROUP**

Henley Beach

Healing Weekend with Sr Margaret Scully RSC including inner Healing and Ancestral Healing, in the hall at Our Lady of the Sacred Heart Church, 420 Seaview Road, Henley Beach.  
 Saturday 18th October 9.00am—5.00pm  
 Sunday 19th October 9.30am—3.30pm  
 Please bring lunch to share. Tea/coffee provided.  
 Enquires and bookings: Telephone:  
 Pauline 8268 7768  
 Or 0403 002 240 by the 16th October if possible.  
 Cost by donation. All welcome.

This weekend has been approved by the most Reverend Philip Wilson DD JCL Archbishop of Adelaide (08) 8210 8108, and the Vicar General Fr Philip Marshall.



**VINNIES SHOP**

**WE'RE MOVING**

Come and visit us in our new Vinnies location! We're excited about the move, and look forward to seeing you there soon!

- ◇ **Easy to find**
- ◇ **Better parking**
- ◇ **Bus stop 35/35A**

Junction Shopping Centre  
 901 Grand Junction Road  
 (Corner of Nelson Rd), Valley View

**Pasta & Pudding night – Save the Date!**

**11<sup>th</sup> October @ 7.30 pm**

**John XXIII Mass Centre**

The East Timor committee will be holding this important fundraiser for Maliana diocese.

Please come along and support us and enjoy a sumptuous meal.

\$10 per person; \$5 per child. Tickets will be for sale in September after Saturday/Sunday Masses. Crafts from Australia and East Timor will be for sale.

**Catholic Charities – 2014 Appeal**

September is Catholic Charities Month. Information brochures including a tear off envelope are available at each Mass Centre Foyer, for those who wish to donate in this way. These envelopes can be placed on the collection plate at any weekend Mass during September. The special collection will take place on the weekend of the 27th/28th September.

**ST. JOSEPH'S OLD SCHOLARS DINNER**

**WEDNESDAY 8TH OCTOBER 2014.**

*Adelaide Royal Coach - 24 Dequetteville Terrace, Kent Town.*

**6.30p.m. for a 7.00p.m. START.**

Sensational **SMORGASBORD** at **\$37 per head.**

Guest Speaker: **JENNY BRINKWORTH** -

*Director of Catholic Communications and Editor of THE SOUTHERN CROSS.*

Door Prizes.

Invitation for **ALL** former students/teachers (**male and female**) from **ANY** Josephite Schools/Colleges, here or Interstate, to attend.

**Bookings** (name/s and phone number/s)

**by Thursday 2nd October**

with Josie (8295 3667) or Margaret (8264 0780).

RELIGIOUS ITEMS, CARDS, STATUES ARE ON SALE AFTER 10AM MASS EACH SUNDAY AT HOLY TRINITY MASS CENTRE, PARA HILLS. VISIT OUR DISPLAY CABINET WHICH CAN BE FOUND IN THE ROOM AT THE REAR OF THE CHURCH.

Contact Person:

Sheila Clark, phone 8264 5661

**LOYOLA CENTRE OF IGNATIAN SPIRITUALITY  
 A DAY WITH THE MYSTICS**

Come aside for a day of prayer and reflection with Clare and Francis of Assisi, Julian of Norwich and Hildegard of Bingen

**Date: Friday September 26, 9.30am - 3.00pm**

**Venue: Loyola Centre of Ignatian Spirituality  
 137 William Street, Norwood**

**Cost: \$40, BYO Lunch**

**Enquiries / Bookings: Loyola 8364 3834,  
 0411269630 [loyola@cis.jesuit.org.au](mailto:loyola@cis.jesuit.org.au)**

**CHUCKLE CORNER**

A Texan farmer comes to Australia for a vacation. Here he meets an Aussie farmer and gets talking. The Aussie shows off his big wheat field and the Texan says, "Oh! We have wheat fields that are at least twice as large".

Then they walk around the farm a little and the Aussie shows off his herd of cattle. The Texan immediately says, "We have longhorns that are at least twice as large as your cows".

The conversation has, meanwhile, almost died when the Texan sees a herd of kangaroos hopping through the field. He asks, "And what are those"?

The Aussie asks with an incredulous look, "Don't you have any grasshoppers in Texas"?

